

Weekly dressing

Vinaigrette
with red onion

AAMANN
FROKOSTORDNING



WEEK 49

MONDAY

WARM DISH

Mapo tofu with pork, carrots, shiitake mushrooms, tofu, and spiced rice

GREEN DISH

Mapo tofu with long pepper, shiitake mushrooms, carrots, and spiced rice (VG)

COLD CUTS

Grilled beef neck with soy cream (SY - L - Æ - SP), grilled apples, daikon crudité, roasted sesame, and herbs

Fried broccoli with ginger vinaigrette, peanuts (N), spring onions, and herbs (VG)

Chicken terrine (L - Æ - G) with chili mayonnaise, onion rings, pickled cucumbers, and leek crudité

SALADS

Noodle salad in ginger dressing with Chinese cabbage, fermented cabbage, and peanuts (N)

Salad of the day

(V)Vegetarian (VG)Vegan (G)Gluten (L)Lactose (Æ)Egg (SY)Soya (S)Celery (N)Nuts (JN)Peanuts (F)Fish (K)Crustaceans (B)Mollusks (SP)Mustard (SE)Sesame (SS)Sulfur dioxide & sulfites (LU)Lupin

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TUESDAY

WARM DISH

Dahl with chickpeas, red lentils, carrots (VG), served with raita (L) and naan bread (G).

COLD CUTS

Braised pork shank with tomato relish, coriander, roasted seeds, and herbs

Fish salad (L - Æ - SP) with lemon zest, dill, onion rings, fennel crudité, and herbs

Fuego bean hummus with chili oil, sprouts, and herbs (VG)

SALADS

Cabbage salad with salted Chinese radish, chili vinaigrette, and sprouts

Salad of the day

NOMINATED FOR

WINNER OF COOK OFF



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WEDNESDAY

WARM DISH

Brandade with cod and dried dab (F) and herb crumbs (G)

GREEN DISH

Potato gratin with fried mushrooms, caramelised onions, and herb crumbs

COLD CUTS

Coppa with olive tapenade,
parmesan flakes (L),
and rocket

Beef pâté (L - Æ - G) with
mustard mayonnaise (Æ - SP),
cornichon crudité, roasted
nuts (N), and herbs

Baked tomatoes with basil
mayonnaise (SY - SP),
garlic chips, tomato powder,
and herbs (VG)

SALADS

Hearty salads
with beluga lentils

Salad of the day

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THURSDAY

WARM DISH

"Biksemað" of pork and beef with pickled beetroots

GREEN DISH

Fried root vegetables with tempeh in fermented mushroom
sauce, beans, and pickles

COLD CUTS

Herring salad with beetroot
(F - L - Æ - SP), lemon zest,
dill, pickled shallots, roasted
buckwheat, and herbs

Pork salami with remoulade
(Æ - S - SP - SS), fried onions
(G), and herbs

Summer salad with salted
cucumbers, smoked cheese
cream (L), radish crudité, and
herbs

SALADS

"Råkost" with apples, lemon,
cranberries, and parsley

Salad of the day

SWEET

Rum truffles
(L - G - Æ - N)

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FRIDAY

WARM DISH

Hotdogs (G) with Duroc pork sausage, pickled onions, mushroom mayonnaise (Æ), mustard (SP), and crispy buckwheat

we prepare 1 hotdog per person

GREEN DISH

Hotdog (G) with braised carrot à la Adam Aamann, mushroom mayonnaise (Æ), mustard (SP), pickled onions, and crispy buckwheat

We prepare 1 hotdog per person

COLD CUTS

Fried turkey thighs with paprika cream (L - Æ - SP), raw-marinated Jerusalem artichokes, chicken skin, and cress

Potatoes with lovage-tarragon mayonnaise (Æ - SP), pickled red onions, chips, and herbs

Cauliflower purée with fried cauliflower, herb oil, roasted seeds, and herbs (VG)

SALADS

Kale salad with thyme-fried potatoes

Salad of the day

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