

Weekly dressing

Herb oil

AAMANN
FROKOSTORDNING



WEEK 25

MONDAY

WARM DISH

Pasta Salsiccia with roasted tomatoes,
red pepper, cream (L), fried root vegetables
and parmesan (L)

GREEN DISH

Creamy pasta with bell pepper,
tomato sauce, fried root vegetables,
and parmesan (L) (V)

COLD CUTS

Salami with tapenade,
pickled onions, chips,
and baby greens

Braised fennel
with artichoke cream,
marinated pear, crudité,
and herb salad (VG)

Tuna salad (F - L - Æ - SP)
with dill, lemon zest, roasted
kernels (G), and herbs

SALADS

Coarse salads
with tomato,
bread croutons (G),
and garlic oil (VG)

Salad of the day

NOMINATED FOR

WINNER OF COOK OFF



(V)Vegetarian (VG)Vegan (G)Gluten (L)Lactose (Æ)Egg (SY)Soya (S)Celery (N)Nuts (JN)Peanuts
(F)Fish (K)Crustaceans (B)Mollusks (SP)Mustard (SE)Sesame (SS)Sulfur dioxide & sulfites (LU)Lupin

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FROKOSTORDNING



WEEK 25

TUESDAY

Indian
inspired
menu

WARM DISH

Aloo Gobi with sweet potatoes,
cauliflower, chili, carrot crudité, sesame,
coconut milk, and rice (VG)

COLD CUTS

Beef pâté (L - Æ - G)
with red curry mayonnaise
(Æ), pickled daikon,
potato chips, and herb salad

Chicken terrine (L - Æ - G)
with coriander mayonnaise
(Æ - SP), apple purée,
coconut flakes, and herbs

Grilled carrots
with parsley root purée (SY),
parsley vinaigrette,
celery crudité (S), and sprouts
(VG)

SALADS

Chickpea salad
with pickled roots,
Chinese radish,
and sprouts (VG)

Salad of the day

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WEDNESDAY

WARM DISH

Oxtail with spring onions,
white asparagus, and new potatoes

GREEN DISH

Jerusalem artichoke terrine (L - Æ - G)
with spring onions, white asparagus,
and new potatoes (V)

COLD CUTS

Beetroot tartare with
smoked lemon mayonnaise
(SY), raspberry coulis,
grated horseradish,
and chips (VG)

Ham with Italian salad
(L - Æ - SP), onion rings,
bacon crumble, and herb salad

Herring (F)
with dill mayonnaise (Æ - SP),
pickled vegetables, roasted
buckwheat, and herbs

SALADS

“Råkost”
with carrots, cranberries,
apples, lemon,
and parsley (VG)

Salad of the day

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THURSDAY

WARM DISH

Roasted ham with salsa verde
and couscous (G)

GREEN DISH

Fried courgettes and broccoli
with salsa verde and couscous (G) (VG)

COLD CUTS

Beef meatballs (L - Æ - G)
with pepper sauce,
pickled red pepper,
and Jerusalem artichoke chips

Cauliflower purée (SY)
with herb oil, crudité,
and herbs (VG)

Mushroom terrine (L - Æ - G)
with fermented garlic
mayonnaise (Æ),
pickled mushroom-
and shallot mix,
and roasted kernels (G) (V)

SALADS

Cabbage salad
with rye kernels (G),
fried potatoes,
and dill-salted zucchinis (VG)

Salad of the day

SWEET

Carrot cake
(G - L - Æ)

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FRIDAY

WARM DISH

Moussaka with beef,
eggplant, potatoes, béchamel (L),
and breadcrumbs (G)

GREEN DISH

Eggplant gratin with potatoes,
béchamel (L), mozzarella (L),
and breadcrumbs (G) (V)

COLD CUTS

Fish salad (F – L – Æ – SP)
with dill, lemon zest,
marinated olives, and crudité

Cheese (L)
with orange marmalade,
crisps (G), and herbs (V)

Spicy sausage spread
with marinated watermelon,
feta cheese (L),
and herb salad

SALADS

Romaine salad
with tomato, cucumber,
red onion, and oregano (VG)

Salad of the day

NOMINATED FOR



WINNER OF COOK OFF



**Greek
inspired
day**

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