

Weekly dressing

Mushroom oil
with oregano

AAMANNS
FROKOSTORDNING



WEEK 19

MONDAY

WARM DISH

Pork shank in curry
with carrots, celery (S),
ginger, chili, and rice

GREEN DISH

Vegetable curry
with carrots, celery (S),
ginger, chili, and rice (VG)

COLD CUTS

Grilled turkey
with Asian spices,
pickled Daikon,
red curry mayonnaise (Æ),
and spring onions

Broccoli with garlic, ginger, oy-
ster sauce dressing (B),
roasted peanuts (JN),
and coriander

Cauliflower purée (L)
with sesame oil (SE),
roasted sesame seeds (SE),
and herbs (V)

SALADS

Soybean salad (SY)
with butternut squash (VG)

Salad of the day

Asian
menu

(V)Vegetarian (VG)Vegan (G)Gluten (L)Lactose (Æ)Egg (SY)Soya (S)Celery (N)Nuts (JN)Peanuts
(F)Fish (K)Crustaceans (B)Mollusks (SP)Mustard (SE)Sesame (SS)Sulfur dioxide & sulfites (LU)Lupin

For further information about allergens, call 20805200 | Menu subject to change

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WEEK 19

TUESDAY

WARM DISH

Pasta Alfredo (L - G)
with fried mushrooms, baked tomatoes,
garlic, and parsley (V)

COLD CUTS

Vitello tonnato (F - Æ - L)
with roasted sunflower seeds,
arugula, and herbs

Seafood salad (K - L - Æ)
with dill, lemon zest,
roasted capers, and herbs

Polenta (L) with corn,
fried mushrooms,
cheese crumble (L), fried sage,
and herbs (V)

SALADS

Bitter salads
with fennel crudité
and capers (VG)

Salad of the day

NOMINATED FOR



WINNER OF COOK OFF



Italian
menu

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WEEK 19

WEDNESDAY

WARM DISH

Brandade with cod (F),
smoked haddock (F), potato (L),
and herb breadcrumbs (G)

GREEN DISH

Potato compote (L)
with caramelized onions
and herb breadcrumbs (G) (V)

COLD CUTS

Ham with Italian salad (L - Æ),
crispy potatoes, and herbs

Baked Jerusalem artichokes
with purée, crudité, kale chips,
and herb salad (VG)

Beef salami
with green remoulade (Æ),
crispy onions (G), and herbs

SALADS

Coarse salads
with Beluga lentils,
Chinese radishes,
and herbs (VG)

Salad of the day

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WINNER OF COOK OFF



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THURSDAY

WARM DISH

Cassoulet (SS) with duck, pork bacon,
root vegetables (S), Puy lentils, thyme,
onions, and red bell pepper

GREEN DISH

Cassoulet (SS) with smoked tempeh,
root vegetables (S), Puy lentils, thyme,
onions, and red bell pepper (VG)

COLD CUTS

Cheese (L)
with rye chips (G) and jam (V)

Country pâté (G - L - Æ)
with parsley mayonnaise (Æ),
pickled parsley root,
and herb salad

Variation of onions
with onion soubise (L),
grilled Zittauer onions,
pickled salad onions,
roasted onions (G),
spring onion crudité,
and onion sprouts (V)

SALADS

Potato salad
with Dijon dressing (SE),
pickled onions,
and herbs (VG)

Salad of the day

SWEET

Peanut cake
(JN - Æ - G - L)

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WEEK 19

FRIDAY

WARM DISH

Lasagna (G) with beef, tomato sauce (SS),
carrots, celery (S), béchamel (L), and cheese (L)

GREEN DISH

Lasagna (G) with Beluga lentils, tomato sauce (SS),
carrots, celery (S), béchamel (L), and cheese (L) (V)

COLD CUTS

Coppa with bean
and artichoke purée,
chips, arugula

Baked tomatoes
with basil mayonnaise (Æ),
fried rosemary,
and tomato powder (V)

Braised fennel (SS)
with tomato sauce, roasted
fennel seeds, fennel crudité,
and herb salad (VG)

SALADS

Pinto bean salad
with balsamic vinegar (SS),
glazed onions, fried roots,
and oregano (VG)

Salad of the day

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WINNER OF COOK OFF



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