

## Weekly dressing

Ymer dressing  
with lemon

AAMANN  
FROKOSTORDNING



60-90% økologi

WEEK 12

# MONDAY

## WARM DISH

Chili con carne with beef,  
carrots, beans (SY), celery (S), chili,  
sour cream (L), and rice

## GREEN DISH

Chili sin carne with smoked tempeh,  
carrots, celery (S), beans (SY), chili,  
sour cream (L), and rice (V)

## COLD CUTS

Roasted turkey  
with lime mayonnaise  
(Æ - SP), pickled coriander  
seeds, and crispy chicken skin

Pink roasted beef marinated  
with grilled habanero,  
fried tortilla, and coriander

Baked parsnip  
with parsley salsa,  
roasted kernels,  
and herb salad (VG)

## SALADS

Cabbage salad  
with roasted corn,  
pickled chili,  
and puffed black corn (VG)

Salad of the day

NOMINATED FOR



WINNER OF COOK OFF



(V)Vegetarian (VG)Vegan (G)Gluten (L)Lactose (Æ)Egg (SY)Soya (S)Celery (N)Nuts (JN)Peanuts  
(F)Fish (K)Crustaceans (B)Mollusks (SP)Mustard (SE)Sesame (SS)Sulfur dioxide & sulfites (LU)Lupin

For further information about allergens, call 20805200 | Menu subject to change

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# TUESDAY

## WARM DISH

Pasta (G) with green pesto (L),  
edamame beans (SY), broccoli,  
spring onions, and cheese (L) (V)

## COLD CUTS

Charcuterie  
with tapenade, chips,  
and small salads

Baked chicken  
with vegetable filling,  
raw marinated celery (S),  
chopped chives,  
crispy chicken skin, and cress

Potato  
with paprika mayonnaise  
(SY - SP), pickled pepper,  
onion rings, potato chips,  
and herb dust (VG)

## SALADS

Italian bread salad (G)  
with tomatoes, eggplants,  
and capers (VG)

Salad of the day

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Vinaigrette  
(SP)

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# WEDNESDAY

## WARM DISH

Pie (G - L) with ham,  
potatoes, leeks, egg (Æ) and cheese (L)

*We've prepared 1 piece of pie per person*

## GREEN DISH

Pie (G - L) with mushrooms,  
potatoes, leeks, egg (Æ) and cheese (L) (V)

*We've prepared 1 piece of pie per person*

## COLD CUTS

Egg (Æ)  
with chervil mayonnaise  
(Æ - SP), raw marinated  
radishes, roasted buckwheat,  
and herbs (V)

Carrot purée with herb oil,  
crudité, and herbs (VG)

Tartar with truffle mayonnaise  
(Æ - SP), pickled mushrooms,  
onion rings, and chips

## SALADS

White cabbage salad  
with rapeseed oil,  
baked apples,  
and nuts (N) (VG)

Salad of the day

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# THURSDAY

## WARM DISH

Build-your-own sandwich (G) with pork mortadella, Romesco sauce (N), baked eggplants, semi-dried tomatoes, and romaine lettuce

*We've prepared 1 sandwich per person*

## GREEN DISH

Build-your-own sandwich (G) with vegetarian mortadella, Romesco sauce (N), baked eggplants, semi-dried tomatoes, and romaine lettuce (VG)

*We've prepared 1 sandwich per person*

## COLD CUTS

Tuna salad (F - L - Æ - SP)  
with fried corn,  
roasted sunflower seeds,  
and dill

Baked tomatoes  
with leek mayonnaise  
(SY - SP), fried basil,  
tomato dust, and herbs (VG)

Salami with artichoke  
tapenade and arugula

## SALADS

Pasta salad (G)  
with baked zucchini,  
garlic oil, and herbs (VG)

Salad of the day

## SWEET

Cookies  
with white chocolate  
and lemon  
(G - L - Æ)

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# FRIDAY

## ”SMØRREBRØDSDAG”

*We've prepared 2 smørrebrød per person*

Grilled beef fillet with Béarnaise cream (Æ - SP),  
pickled cucumbers, potato chips, and herbs

Ham with paprika mayonnaise (Æ - SP),  
pea purée, pickled carrot, crispy onions (G), and pea shoots

Egg salad (L - Æ) with romaine lettuce, chives, apples,  
pickled celery (S), crispy buckwheat, and herbs (V)

### Vegetarian

Egg salad (L - Æ) with romaine lettuce, chives, apples,  
pickled celery (S), crispy buckwheat, and herbs (V)

Potato with Béarnaise cream (Æ - SP),  
pickled cucumbers, potato chips, and herbs (V)

## CHEESE

Two types of cheese (L)  
with compote and crisps (G) (V)

## SALAD

“Råkost” of roots with apples,  
lemon, parsley, and cranberries  
(VG)

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