

Weekly dressing

Herb oil
with lemon peel

AAMANN'S
FROKOSTORDNING



WEEK 7

MONDAY

WARM DISH

Chicken in curry with apples, chili,
coconut, and rice

GREEN DISH

Pumpkin in curry with apples, chili,
coconut, and rice (VG)

COLD CUTS

Roast beef with remoulade
(SP - Æ), crispy onions (G),
and herbs

Fried pumpkin
with coriander mayonnaise
(SY), pickled pumpkin, crudité,
and coriander dust (VG)

Potato terrine (Æ - L)
with fresh cheese (L),
pickled onions, potato chips,
and herb salad (V)

SALADS

Chickpea salad
with chili-fried roots (S)
and sprouts (VG)

Salad of the day

NOMINATED FOR



WINNER OF COOK OFF



(V)Vegetarian (VG)Vegan (G)Gluten (L)Lactose (Æ)Egg (SY)Soya (S)Celery (N)Nuts (JN)Peanuts
(F)Fish (K)Crustaceans (B)Mollusks (SP)Mustard (SE)Sesame (SS)Sulfur dioxide & sulfites (LU)Lupin

For further information about allergens, call 20805200 | Menu subject to change

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60-90% økologi

WEEK 7

TUESDAY

WARM DISH

Pasta Puttanesca (G) with tomato sauce,
olives, capers, parsley, and parmesan (L) (V)

COLD CUTS

Chicken meatballs (Æ - L - G)
with lemon mayonnaise
(Æ - SP), apples,
and crispy chicken skin

Cheese (L)
with pickled hazelnuts (N)
and herbs (V)

Sausage salad (L - Æ - SP)
with cornichons, crudité,
bacon crumble, and herbs

SALADS

Coarse salads
with red rice and basil (VG)

Salad of the day

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WEEK 7

WEDNESDAY

WARM DISH

Brandade with smoked fish (F),
mashed potatoes, and herb breadcrumbs (G)

GREEN DISH

Cauliflower gratin with cheese (L)
and herb breadcrumbs (G) (V)

COLD CUTS

Broccoli tartare
with hazelnut mayonnaise
(Æ - SP - N), roasted nuts (N),
and herbs (V)

Bean purée with bean sprouts
and roasted kernels (VG)

Pork terrine
with pickled mustard seeds
(SP), carrot crudité, and herbs

SALADS

“Råkost”
with parsley
and nuts (N) (VG)

Salad of the day

NOMINATED FOR



WINNER OF COOK OFF



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WEEK 7

THURSDAY

WARM DISH

Porchetta with roasted root vegetables (S),
red onions, potatoes, and salsa verde

GREEN DISH

Portobello mushrooms with roasted root vegetables (S),
red onions, potatoes, and salsa verde (VG)

COLD CUTS

Vitello tonnato (F - Æ - SP)
with fried capers
and small greens

White wine-braised fennel
with tomato sauce, rye crumbs
(G), and herb salad (VG)

Polenta (L)
with sautéed mushrooms
and corn, garlic oil,
and herbs (VG)

SALADS

Pasta salad (G)
with tomato dressing,
roasted tomatoes,
and parmesan (L) (V)

Salad of the day

SWEET

Coconut
macaroons (Æ)
with chocolate (L)

NOMINATED FOR



WINNER OF COOK OFF



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WEEK 7

FRIDAY

WARM DISH

Lasagna (G) with beef, tomato sauce,
béchamel (L), and cheese (L)

GREEN DISH

Lasagna (G) with beluga lentils, tomato sauce,
béchamel (L), and cheese (L) (V)

COLD CUTS

Salami with tapenade,
chips, and herbs

Baked tomatoes
with garlic mayonnaise
(Æ - SP), roasted buckwheat,
and herb salad (V)

Fried zucchini
with lemon vinaigrette,
chopped herbs,
and Jerusalem artichoke
chips (VG)

SALADS

Arugula salad
with fennel crudité,
lemon zest, and herbs (VG)

Salad of the day

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