

WEEK 48

NOMINATED FOR

WINNER OF COOK OFF



AAMANN'S  
FROKOSTORDNING



MONDAY

### WARM DISH

Old-fashioned beef roast  
with potatoes, onions,  
carrots, and parsley

### GREEN DISH

Aloo Gobi  
with potatoes, cauliflower,  
onions, and vegetables (VG)

### COLD CUTS

Grilled carrots with  
parsley vinaigrette,  
roasted almonds (N),  
and herbs (VG)

Roasted turkey with  
butternut squash purée (L),  
pepper mayonnaise (Æ - SP),  
roasted kernels, and herbs

Ham salad (Æ - L - SP) with  
onion rings, bacon crumble,  
and herbs

### SALADS

Cabbage salad with  
baked apples, chives,  
and nuts (N) (VG)

Salad of the day

(V)Vegetarian (VG)Vegan (G)Gluten (L)Lactose (Æ)Egg (SY)Soya (S)Celery (N)Nuts (JN)Peanuts  
(F)Fish (K)Crustaceans (B)Mollusks (SP)Mustard (SE)Sesame (SS)Sulfur dioxide & sulfites (LU)Lupin

For further information about allergens, call 20805200 | Menu subject to change

# TUESDAY

## WARM DISH

Pasta (G) with green pesto (L),  
edamame beans, broccoli,  
spring onions, and cheese (L) (V)

## COLD CUTS

Roast beef with  
tarragon mayonnaise  
(Æ - SP), pickled red onions,  
potato chips, and herbs

Lima bean purée with  
roasted kernels, herb oil,  
and sprouts (VG)

Chicken terrine (Æ - L - G)  
with chive mayonnaise  
(Æ - SP), apples,  
and celery crudités (S)

## SALADS

Potato salad (L)  
with red curry,  
salted daikon,  
and herbs (V)

Salad of the day

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# WEDNESDAY

## WARM DISH

Cassoulet

with sausages, thyme, onions,  
vegetables (S), and parsley

## GREEN DISH

Cassoulet

with mushrooms, thyme, onions,  
vegetables (S), and parsley (VG).

## COLD CUTS

Smoked salmon rillettes  
(F - L - Æ - SP) with  
fried capers, onion rings,  
and dill

Potatoes with  
lovage mayonnaise (S - Æ),  
pickled gooseberries,  
chips, and herbs (V)

Pâté (L - Æ - G) with  
nut mayonnaise (Æ - N - SP),  
pickled parsley root,  
chopped parsley, and herbs

## SALADS

Green beans  
with red cabbage,  
pickled onions,  
and herbs (VG)

Salad of the day

(V)Vegetarian (VG)Vegan (G)Gluten (L)Lactose (Æ)Egg (SY)Soya (S)Celery (N)Nuts (JN)Peanuts  
(F)Fish (K)Crustaceans (B)Mollusks (SP)Mustard (SE)Sesame (SS)Sulfur dioxide & sulfites (LU)Lupin

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# THURSDAY

## WARM DISH

Fish cakes (F - L - Æ - G) with grilled lemons, tartar sauce (L - Æ), and potatoes

*We've prepared 3 fish cakes per person*

## GREEN DISH

Zucchini cakes (Æ - G - L) with grilled lemons, tartar sauce (L - Æ), and potatoes (V)

*We've prepared 2 zucchini cakes per person*

## COLD CUTS

Egg salad (L - Æ - SP) with pickled fennel, leek crudité, rye crumbs (G), and herbs (V)

Fried Jerusalem artichokes with herb vinaigrette, raw-marinated Jerusalem artichokes, and roasted nuts (N) (VG)

Roasted pork with mustard mayonnaise (Æ - SP), raw-marinated red cabbage, kale chips, and herbs

## SALADS

“Råkost” with apples, hazelnuts (N), and parsley (VG)

Salad of the day

## SWEET

Pumpkin cake with orange glaze (G - L - Æ)

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# FRIDAY

## WARM DISH

Beef sandwich (G) with gravy (L),  
remoulade (L - SS - SP - Æ - S),  
pickled onions, caramelized onions, and crispy onions (G)

*We've prepared 1 sandwich per person*

## GREEN DISH

Beet cake sandwich (G) with gravy (L),  
remoulade (L - SS - SP - Æ - S),  
pickled onions, caramelized onions, and crispy onions (G) (V)

*We've prepared 1 sandwich per person*

## COLD CUTS

Tomato with  
basil mayonnaise (Æ - SY),  
garlic chips, tomato powder,  
and fresh basil (V)

Salami with remoulade  
(L - SS - SP - Æ - S),  
crispy onions (G), and cress

Chicken salad (L - Æ - SP)  
with baked and pickled  
celery (S), chives,  
baby lettuce, and  
crispy chicken skin

## SALADS

Pasta salad (G)  
with basil, parmesan (L), and  
roasted sunflower seeds (V)

Salad of the day

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