

WEEK 47

# MONDAY

## WARM DISH

Chicken curry  
with roasted root vegetables  
and rice

## GREEN DISH

Butternut squash and cauliflower curry  
with roasted root vegetables (S)  
and rice (V)

## COLD CUTS

Vegetable purée with sprouts,  
herb oil, and herbs (V)

Fish salad (F - L - Æ - SP)  
with pickled vegetables,  
roasted buckwheat, and dill

Roasted pork with  
coriander mayonnaise  
(Æ - SP), marinated daikon,  
spring onions, and herbs

## SALADS

Chickpea salad with  
Chinese radishes, sprouts,  
and chili vinaigrette (VG)

Salad of the day

NOMINATED FOR



WINNER OF COOK OFF



(V)Vegetarian (VG)Vegan (G)Gluten (L)Lactose (Æ)Egg (SY)Soya (S)Celery (N)Nuts (JN)Peanuts  
(F)Fish (K)Crustaceans (B)Mollusks (SP)Mustard (SE)Sesame (SS)Sulfur dioxide & sulfites (LU)Lupin

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WEEK 47

AAMANN  
FROKOSTORDNING



TUESDAY

WARM DISH

Ratatouille with tomato sauce,  
eggplant, zucchini, and tomatoes (VG)

COLD CUTS

Braised beef neck  
with tarragon mayonnaise (Æ  
- SP), leek crudité,  
potato chips, and herbs

Vienna salad (L - Æ - SP)  
with baked potatoes,  
cornichons, onion rings,  
bacon crumble, and herbs

Beetroot tartare with  
chervil mayonnaise (SY - Æ),  
pickled beets, crudité, and  
herb salad (V)

SALADS

Bean salad  
with tarragon,  
pickled onions,  
and eggs (Æ) (V)

Salad of the day

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# WEDNESDAY

## WARM DISH

Fish gratin with pollock (F - G),  
butter (L), milk (L), potatoes, cheese (L),  
and breadcrumbs (G)

## GREEN DISH

Potato gratin (G)  
with milk (L), mushrooms,  
cheese (L), and breadcrumbs (G) (V)

## COLD CUTS

“Rullepølse” with “sky”,  
parsley mayonnaise (Æ - SP),  
onion rings, and cress

Long-baked tomatoes with  
garlic mayonnaise (Æ - SY),  
basil, chips, tomato powder,  
and herbs (V)

Chicken salad (L - Æ - SP)  
with baked celery (S),  
raw marinated apples, chives,  
and crispy chicken skin

## SALADS

“Råkost”  
of seasonal root vegetables  
with a variety of herbs (VG)

Salad of the day

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# AAMANN'S FROKOSTORDNING



## THURSDAY

### WARM DISH

“Medister” with traditional stewed white cabbage (L), pickled beets, and parsley potatoes

*We've prepared 2 medister per person*

### GREEN DISH

Roasted pumpkin and white beans with traditional stewed white cabbage (L), pickled beets, and parsley potatoes (V)

### COLD CUTS

Warm-smoked salmon rilette (F - L - Æ - SP) with cornichons, fried capers, and dill

Liver pâté (L - G - Æ) with bacon-mushroom mix and herbs

Eggs with lemon mayonnaise (Æ - SP), pickled parsley root, fennel crudité, and herbs (V)

### SALADS

Cabbage salad with a variety of peas, pea shoots, and cress (VG)

Salad of the day

### SWEET

Dream cake (L - N - Æ - G)

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# FRIDAY

## ”SMØRREBRØDSDAG”

*We've prepared 2 smørrebrød per person*

Pork rilette with mustard mayonnaise (Æ - SP),  
lingonberries, chopped chives, bacon crumble, and herbs

Chicken terrine (L - Æ - G) with celery mayonnaise (S - Æ),  
apple purée, celery crudité (S), crispy chicken skin, and herbs

Mushroom salad (L - Æ - SP) with pickled mushrooms,  
roasted buckwheat, and herb salad (V)

### Vegetarian

Mushroom salad (L - Æ - SP) with pickled mushrooms,  
roasted buckwheat, and herb salad (V)

Potatoes with lovage mayonnaise (Æ - SY),  
pickled red onions, potato chips, and herbs (V)

### CHEESE

Two types of cheese (L)  
with pickled nuts (N)  
and rye crispbread (G - N) (V)

### SALAD

Kale salad  
with carrot crudité,  
grilled apples, and  
smoked almonds (N) (VG)

NOMINATED FOR



WINNER OF COOK OFF



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